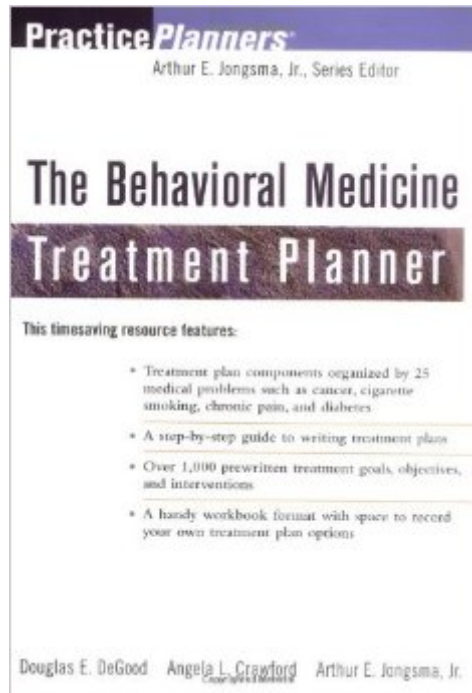


The book was found

# The Behavioral Medicine Treatment Planner



## Synopsis

This invaluable sourcebook features pre-written treatment plan components for the field of behavioral medicine, including behavioral definitions, long-term goals, short-term objectives, therapeutic interventions, and DSM-IV diagnoses. The Behavioral Medicine Treatment Planner covers the psychological aspects of coping with illnesses such as cancer, chronic fatigue syndrome, diabetes, headaches, AIDS, and more. Psychologists, counselors, therapists, and other mental health professionals who work in medical settings will find this Planner indispensable.

## Book Information

Paperback: 225 pages

Publisher: John Wiley & Sons; 1 edition (May 26, 1999)

Language: English

ISBN-10: 0471319236

ISBN-13: 978-0471319238

Product Dimensions: 7 x 0.6 x 10 inches

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: 3.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #1,117,071 in Books (See Top 100 in Books) #75 in [Books > Medical Books > Psychology > Medicine & Psychology](#) #248 in [Books > Medical Books > Psychology > Psychopharmacology](#) #274 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Psychopharmacology](#)

## Customer Reviews

I felt compelled to write a review in light of the earlier review trashing this book. Indeed, this is a dry list of things to do with no information on how to do them. It is NOT meant for general reading. All the books in this series are specifically created to help treating professionals write treatment plans (Treatment Planners) or create progress notes (Progress Note Planners) using language that is potentially helpful for insurance companies or other agencies that may require objective documentation. Some professionals may find these books of little use but the general population will likely have absolutely no reason to use these manuals.

The whole style of this book is very dry and not usersfriendly. The book consists of long lists of objectives and therapeutic interventions each 1 or 2 lines. Sometimes more than 40. It tells you all the time WHAT to do ( exc. [\*] emotional impact or educate the patient on effects of stress on

symptoms)but NEVER HOW .This information is not very helpfull. Everybody knows for example that walking 20 minutes a day is healthy but HOW do you get somebody to do it.That should be the focus of behavioral medicine ( it s about getting to healthy behavior, no ?)This important part: HOW to get to behavior change is not present in this book.

[Download to continue reading...](#)

The Behavioral Medicine Treatment Planner Treatment of Chronic Medical Conditions:  
Cognitive-Behavioral Therapy Strategies and Integrative Treatment Protocols The Zuckerman  
Parker Handbook of Developmental and Behavioral Pediatrics for Primary Care (Parker,  
Developmental and Behavioral Pediatrics) Hair: Hair Loss: Learn About Hair Loss Prevention  
Methods and Regrowth Treatment: Hair Loss Cure: Hair Loss (Men's Health, Hair Loss Treatment,  
Regrow ... Loss Treatment for Woman, Hair Loss Cure) The Comprehensive Hair Loss Guide: Hair  
Loss Treatment and Cure for Men and Women (Hair Loss Treatment for Women, Hair Loss  
Treatment for Men, Hair Loss ... Loss Remedies, Hair Loss Cure, Alopecia) Alzheimer's Disease:  
Dominate Alzheimer's Sickness With Nutrition Treatment, Brain-Healthy Lifestyle and Herbal  
Treatment (Alzheimer's Disease Complete ... Nutrition Treatment, Elder Care Handbook) Brain  
Cancer Treatment - How to Beat Brain Cancer And Get Your Life Back (Brain Cancer, Tumor, Brain  
Cancer Treatment, Natural Treatment) Clinical Handbook of Internal Medicine: The Treatment of  
Disease with Traditional Chinese Medicine: Vol 2: Spleen and Stomach Herbal Remedies:The  
Ultimate Guide to Herbal Healing, Magic, Medicine, Antivirals, Antibiotics,; herbs,Alternative  
Medicine, Magic, Medicine, Antivirals, ... Oils, Depression Cure, Natural Remedies,) Survival  
Medicine Handbook: Essential Things Every Medicine Kit Needs And First-aid In Case Of  
Emergency: (Survival Books, Survival Guide, Survivalist, ... (Survival Skills Book, Emergency  
Medicine) Essential Oils for Dogs: 100 Easy and Safe Essential Oil Recipes to Solve your Dog's  
Health Problems (Alternative animal medicine, Small mammal Medicine, Aromatherapy, Holistic  
medicine) Veterinary Laboratory Medicine, An Issue of Clinics in Laboratory Medicine, 1e (The  
Clinics: Internal Medicine) The Addiction Treatment Planner: Includes DSM-5 Updates The Child  
Psychotherapy Treatment Planner: Includes DSM-5 Updates The Crisis Counseling and Traumatic  
Events Treatment Planner Cognitive-Behavioral Treatment of Borderline Personality Disorder  
Cognitive-Behavioral Social Skills Training for Schizophrenia: A Practical Treatment Guide  
Functional Behavioral Assessment, Diagnosis, and Treatment, Second Edition: A Complete System  
for Education and Mental Health Settings A Work in Progress: Behavior Management Strategies &  
A Curriculum for Intensive Behavioral Treatment of Autism Handbook of Adolescent Behavioral  
Problems: Evidence-Based Approaches to Prevention and Treatment

